

# Professional Skills Programme: Nurses & Carers



The **Professional Skills Programme: Nurses & Carers** is designed to equip professionals from around the world with the knowledge and skills needed to excel in the health and social care. This tailored programme blends online learning methods with hands-on training. It enables participants to develop and progress so that they are fully prepared to meet the high standards of care expected by employers around the world.

Whether you are new to the sector or looking to sharpen your skills, this programme is for you. It delivers everything needed to confidently step into the role and is supported by our proven success of 100% of our graduates gaining employment overseas.

## E-Learning

At the start, you will be given access to Indago's easy to use learning system. The Care Standards are covered in 9 modules of e-learning enabling you to start your journey of knowledge acquisition.

## Introductory Webinar

You will be invited to a free Introductory Webinar which will outline the 'what' and the 'why' about the programme that could excel your career in the health and social care sector.

## Online Classrooms

The **Online Classrooms** develop a learner's knowledge and understanding through a live session which runs for eight weeks. Each class is 60 minutes in length. They are led by expert educators and trainers.

Each week, classrooms develop a learner's knowledge in care standards and upskills their English proficiency.

## Work Experience

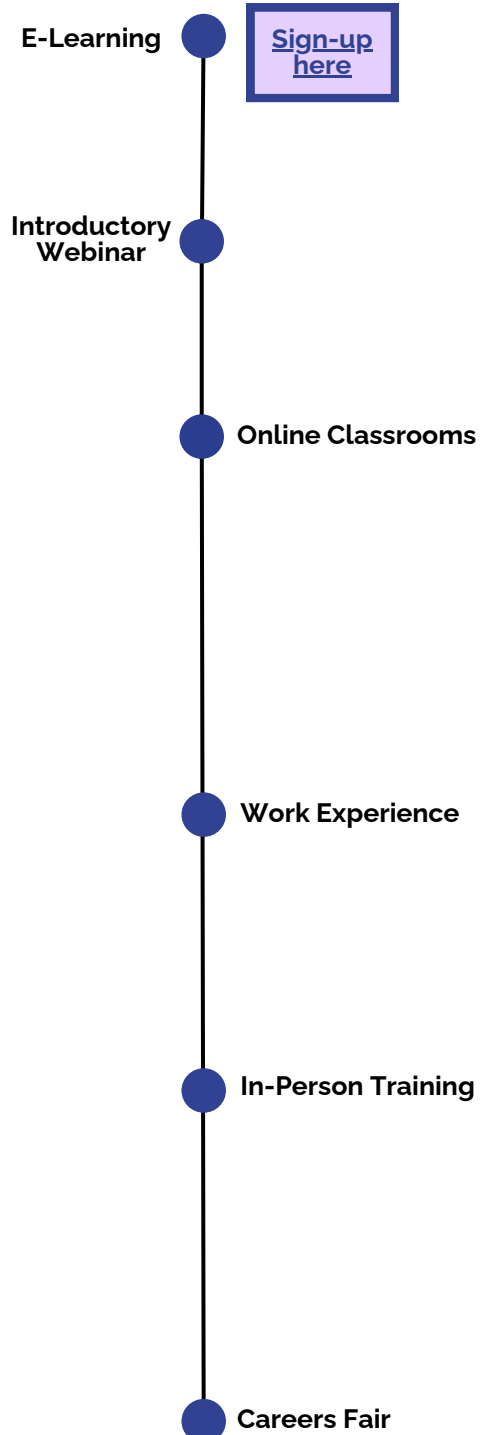
The **Work Experience** enables learners to apply the knowledge and skills gained from the E-Learning and Online Classrooms to their current jobs. This helps them effectively turn the theory into practice well before the In-Person Training. Learners record their thoughts from this component as a preparation for the In-Person Training

## In-Person Training

Progressing from the **E-Learning** and **Online Classrooms**, the **In-Person Training** allows learners to apply their foundational knowledge and understanding through modelling, role-play and simulations. Led by expert educators and trainers, this training focuses on the practical experiences of care to ensure learners are fully prepared to work abroad.

## Careers Fair

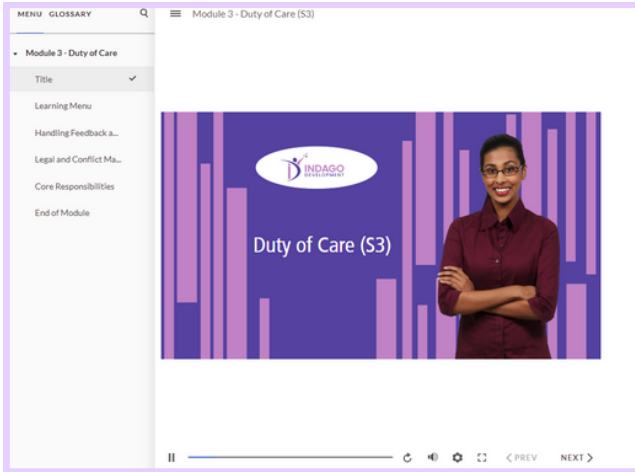
As part of our welfare approach towards our graduates, we partner with employers and agents from around the world to connect you directly to opportunities that enable you to live the life of your dreams.



# Programme Structure

## E-Learning

The **E-Learning** is specifically written for learners who are looking to develop their knowledge and understanding of the health and care sector. Each module is focussed on a different aspect of care.



The care standards are covered in the e-learning modules.

Modules	Focus of the modules (aligned with the Skills for Care Certificate UK)
<b>1 &amp; 2</b>	Understanding Your Role (Standard 1) and Personal Development (Standard 2)
<b>3</b>	Duty of Care (Standard 3)
<b>4</b>	Equality and Diversity (Standard 4)
<b>5 &amp; 6</b>	Working in Person-Centred Way (Standard 5) and Communication (Standard 6)
<b>7</b>	Privacy and Dignity (Standard 7)
<b>8</b>	Fluids and Nutrition (Standard 8)
<b>9 &amp; 12</b>	Awareness of Mental Health, Dementia & Learning Disabilities (Standard 9) and Basic Life Support (Standard 12)
<b>10, 11 &amp; 14</b>	Safeguarding Adults (Standard 10), Safeguarding Children (Standard 11) and Handling Information (Standard 14)
<b>13 &amp; 15</b>	Health and Safety (Standard 13) and Infection Prevention Control (Standard 15)

To apply for our full programme, including Online Classrooms and In-Person Training, you must complete the E-Learning.

## Online Classrooms

The **Online Classrooms** are designed to give learners an opportunity to meet, learn from and engage with expert trainers and educators. There are two classes per week. They run for eight consecutive weeks. Each class is 60 minutes in length.

The timetable for our Class of 2025 is as below:

Week Beginning	English Language Class	Care Standards / Clinical Skills Class
14 <sup>th</sup> July 2025	Tuesday 15 <sup>th</sup> July 2025 at 20:00 (IST)	Thursday 17 <sup>th</sup> July at 20:00 (IST)
21 <sup>st</sup> July 2025	Tuesday 22 <sup>nd</sup> July 2025 at 20:00 (IST)	Thursday 24 <sup>th</sup> July at 20:00 (IST)
28 <sup>th</sup> July 2025	Tuesday 29 <sup>th</sup> July 2025 at 20:00 (IST)	Thursday 31 <sup>st</sup> July at 20:00 (IST)
4 <sup>th</sup> August 2025	Tuesday 5 <sup>th</sup> August 2025 at 20:00 (IST)	Thursday 7 <sup>th</sup> August 2025 at 20:00 (IST)
11 <sup>th</sup> August 2025	Tuesday 12 <sup>th</sup> August 2025 at 20:00 (IST)	Thursday 14 <sup>th</sup> August 2025 at 20:00 (IST)
18 <sup>th</sup> August 2025	Tuesday 19 <sup>th</sup> August 2025 at 20:00 (IST)	Thursday 21 <sup>st</sup> August 2025 at 20:00 (IST)
25 <sup>th</sup> August 2025	Tuesday 26 <sup>th</sup> August 2025 at 20:00 (IST)	Thursday 28 <sup>th</sup> August 2025 at 20:00 (IST)
1 <sup>st</sup> September 2025	Tuesday 2 <sup>nd</sup> September 2025 at 20:00 (IST)	Thursday 4 <sup>th</sup> September 2025 at 20:00 (IST)



## Work Experience

The **Work Experience** enable learners to put their learning into practice in their current jobs. They can think deeply on their learning and document their progress. It happens at the same time as the last four weeks of **Online Classrooms**.

Learners carry this knowledge into the **In-Person Training**, where they engage in hands-on learning through practical instruction and guided activities. Using methods such as modelling, role-plays and simulations, they strengthen their understanding and skills that are needed to succeed in their new roles.



# In-Person Training

8th - 14th September 2025

This is the Skills Phase of the course that provides learners with dedicated practical learning through an in-person teaching experience. This phase of the course equips learners with applicable skills and knowledge required in their new role.

Over the course of the **In-Person Training**, experienced trainers and educators will cover a range of topics including:



- Understanding Your Role
- Duty of Care
- Working in a Person-Centred Way
- Communication
- Safeguarding
- Dementia Awareness
- Privacy and Dignity in Care
- Infection Control
- Moving and Handling
- Mealtimes and Nutrition
- Heightened Behaviours
- Managing Data and Data Security

What is specifically delivered?	How does this develop and embed the learning?
Visuals, use of equipment and role-play are used at each stage	...so that a learner can experience real life simulation which enhances their learning.
Teaching is adapted as needs emerge	...so that all learners continue to make excellent progress.
High quality feedback, both orally and in writing, is given	...so that a learner is redirected to succeed in their next steps.

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I had my training in Delhi where they showed us how to take care of people. In India, we don't have the dementia care model so this was great learning for me. The training helped me to know how to care for others and not to be frightened when I go to the UK. Having come to the UK, I have a manager who is very supportive. There's a lot of opportunities for me to develop so I can become a nurse in the future.

**Annapurna T.**  
Care Assistant  
Hatherleigh Nursing Home  
Okehampton (England)



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The training has boosted my confidence enabling me to work without fear because I've built solid knowledge over time. I love the diversity here, where different perspectives come together to create a solid foundation. For anyone considering working in the care sector in the UK, I believe it's a beautiful place to be - supportive and peaceful, not as intimidating as it seems.

**Sarah O. A.**  
Care Assistant  
Heanton Nursing Home  
Barnstaple (England)



**If you want to find out more about the training programme, please contact us at [info@indagodevelopment.co.uk](mailto:info@indagodevelopment.co.uk)**

